

## Couples and individual contract for counselling sessions with Mark Peart NZAC

**Welcome to counselling** with me, I look forward to working with you and developing a healthy counselling relationship.

**Confidentiality:** Anything discussed in counselling sessions will remain confidential, unless I believe that the safety of yourself or others are at imminent risk. At which time I would discuss this directly with you and should the need arise, contact my Supervisor.

**Supervision:** As a requirement to belonging to the counselling professional body (NZAC), regular supervision sessions must be undertaken by myself to assure that I am working to my full potential with and for any clients.

**Cancellation:** I request a 24-hour notice if you are unable to keep the appointment. Generally, I will send a reminder text out the night before, this is a good opportunity to let me know if you are un able to attend appointment. Without any notice the standard fee will apply.

**Complaints:** If you wish to make a complaint and it is beyond any possible communication with your counsellor, there is a complaints process that can be found on the NZAC website [http://www.nzac.org.nz/complaints\\_process.cfm](http://www.nzac.org.nz/complaints_process.cfm)

**Counselling outcomes:** Sometimes outcomes to counselling are not what you expected, and you might come to decisions/conclusions you never thought of before. As your counsellor, I cannot be held responsible for any decisions and or conclusions you may have come to as a result of counselling.

**Recordings:** Occasionally a recording of session may be required, this is for the benefit of the client, but also for the professional development of the counsellor.

Please circle **Yes** or **No**

**Consent:** I/We.....  
agree to this counselling agreement and to Mark Peart discussing my situation with his Supervisor should the need arise. I agree to pay \$.....Per session and will pay by the following method: **Internet banking** 01-0702-0281580-46 or by **Cash** Please circle one

Client Signature.....Date.....

Client Signature.....Date.....

Counsellor Signature.....Date.....